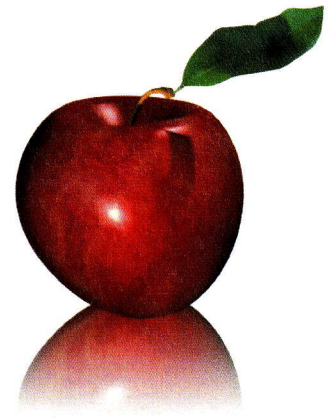


SEPTEMBER 2014 MENUS



Monday	Tuesday	Wednesday	Thursday	Friday
<p>8 B-Garlic Cheese Toast or Cereal/WG Muffin, fruit/juice, milk L-Chicken Patty on WG Bun, mashed potatoes w/gravy, corn, pineapple</p>	<p>9 B-Cereal, WG Toast, fruit/juice, milk L-Tacos, peas, celery w/ peanut butter, mixed fruit</p>	<p>10 B-Waffles, Sausage or Cereal/Waffle, fruit/juice, milk L-Potato Bake, ham salad or tuna salad sandwich, string cheese, pears</p>	<p>11 B-Cereal, WG Toast, fruit, milk L - Spaghetti, wg garlic bread, romaine lettuce salad, applesauce</p>	<p>12 B-Breakfast Bar or Cereal/WG Muffin, juice, milk L-BBQ Rib on WG Bun, green beans, ff and/or swt. ff, peaches</p>
<p>15 B-WG Cinnamon Roll or Cereal/WG Muffin, fruit/juice, milk L-Hot Dog on WG Bun, Ca. blend vegetables, baked beans, peaches</p>	<p>16 B-WB Pancake, Sausage or Cereal/ Sausage, fruit, milk L-Chicken Teriyaki, wg rice, peas, mandarin oranges</p>	<p>17 B-Scrambled Eggs, WG Toast or Cereal/WG Toast, fruit/juice, milk L-Pizza, green beans, romaine lettuce salad, applesauce</p>	<p>18 B-Sausage Gravy & WG Biscuits or Cereal/WG Biscuits, fruit, milk L-Submarines, ff and/or swt. ff, gelatin, pears</p>	<p>19 B-Cereal, WG Toast, fruit/juice, milk L - Pork Chop Patty on WG Bun, mashed potatoes w/gravy, corn, mixed fruit</p>
<p>22 B-French Toast Sticks or Cereal/WG Muffin, fruit/juice, milk L-Salisbury Steak, mashed potatoes w/ gravy, wg breadsticks, mixed fruit</p>	<p>23 B-Breakfast Bar or Cereal/WG Muffin, fruit, milk L-Hamburger on WG Bun, ff and/or swt. Ff, tomatoes, applesauce</p>	<p>24 B-Cereal, WG Toast, fruit/juice, milk L-Shredded BBQ Pork, corn, romaine lettuce salad, pears</p>	<p>25 B - Yogurt Parfait or Cereal/WG Muffin, fruit, milk L-Chicken Fajita, peas, wg rice, pineapple</p>	<p>26 B-Omelet, WG Toast or Cereal/WG Toast, fruit/juice, milk L-Goulash, green beans, wg tea roll w/ jelly, peaches</p>
<p>29 B-Toaster Pastry, Sausage or Cereal/WG Muffin, fruit/juice, milk L-Ham Patty on WG Bun, tator gems and/or swt. tator gems, pineapple</p>	<p>30 B-Cereal, WG Toast, fruit, milk L-Burrito, California blend vegetables, chips w/salsa, mandarin oranges</p>	<p><i>USDA is an equal opportunity provider and employer</i></p> <p>Menus subject to change without notice.</p>	<p>Milk served every meal.</p> <p>A variety of fruits and vegetables are offered with every meal.</p>	<p>WG - whole grain swt - sweet potato</p> <p>Extra Whole Sandwich cost \$1 or half a sandwich .50</p>